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Deadline for July Newsletter is
June 24, 2019
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 am God. Today I will be handling all of your problems. Please remember that I do not need your help. If life happens to deliver a situation to you that you cannot handle, do not attempt to resolve it. Kindly put it in the SFGTD (something for God to do) box. It will be addressed in My time, not yours. Once the matter is placed into the box, do not hold onto it.

Pulpit Supply	
June 9 - Janell Shannon	
July 7 - Deb Burger-Peery	
July 14 - Carol Wendel	
July 21 - Janell Shannon	
July 28 - Carol Wendel	
August 4 - Carol Wendel	
August 11 - Deb Burger-Peery	
August 18 - Deb Burger-Peery	
August 25 - Deb Burger-Peery	

If you find yourself stuck in traffic; Don't despair. There are people in this world for whom driving is an unheard of privilege.

Should you have a bad day at work; Think of the man who has been out of work for years.

Should you despair over a relationship gone bad; Think of the person who has never known what it's like to love and be loved in return.


Should you grieve the passing of another weekend; Think of the man in dire straits, working twelve hours a day, seven days a week to feed his children.

Should your car break down, leaving you miles away from assistance; Think of the paraplegic who would love the opportunity to take that walk.

Should you notice a new gray hair in the mirror; Think of the cancer patient in chemo who wishes she had hair to examine.

Should you find yourself at a loss and pondering what is life all about, asking what is my purpose? Be thankful. There are those who didn't live long enough to get the opportunity.

Should you find yourself the victim of other people's bitterness, ignorance, smallness or insecurities; Remember, things could be worse. You could be them!!!!




Up Beat

MONTHLY NEWSLETTER | UNITED PARISH
JUNE 2019

THE LIVIN' IS EASY! By Pastor Ken

Summer is here! During my childhood school days, I eagerly awaited the last bell of each school year, ready to experience all that summertime had to offer. There is a song by George Gershwin where the lyrics declare, “*Summertime, and the livin’ is easy*”. That was what I was hoping to find in those days. Many of us continue to hope for the easy relaxing summer of our youth, but very likely, our summers are often anything but relaxing. The tasks of teaching kids to ride bikes, trips to softball games and swimming lessons may be over for some of us, but the yard still needs care and the house likely needs some TLC, while many of us no longer realize the strength and endurance that our youth one allowed us. That doesn’t mean we should neglect ourselves and a need to relax, to maybe rest a bit.



In Genesis 2:3 we read, “*God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.*” God Himself rested after six days of creating the Heavens and the Earth. Our Lord knew that what’s good for God is good for God’s people. We can’t keep the candle lit at both ends forever without getting burned in the middle! God offers us a Sabbath to recharge ourselves spiritually, mentally, and emotionally - to spend intimate times with those we love. Jesus understood the need to rest and God realized that without some down time, we were likely to break down, needing extra care and repair.

Yes, it is important to complete our tasks, but many of them can handle waiting until tomorrow or perhaps later. The Sabbath was made for us, we don’t need to feel guilty about following God’s leading. Take some time to smell the roses! Enjoy some lemonade while reading a good book or just taking in the summertime.

“Summer and winter and springtime and harvest . . . join with all nature in manifold witness.” Thomas Chisholm likely envisioned the beauty of God’s creation while taking time from his daily routine,


(continued)

inspiring him to write the text to the great hymn, “Great is Thy Faithfulness”. Finding your Sabbath

time will allow you an opportunity to listen and hear God’s voice.

Each week, find time for yourself and for God. Take a break from work, spend some time in worship and enjoy all of God’s handiwork.

Pastor Ken



1- Tyler Bernstein

3 – Trevor Bernstein

5 – Linda Bullinger

18 – Paige Vad

20 – Peggy Nelson

22-Carson Reed Bremner

24 - Ron Martin

25 - Jim Whetter

30 - Jim Berube



9 – Brad & Margo Knudson

22 – Jim & Sharon Whetter

24 - Howard & Dorothy Beyer

24 – Shari & Les Turner



Even though it seems that our nation has lost all reverence for its original foundations, even the flag itself, let’s never forget what it stands for. The American Flag was given a special day of celebration on June 14, 1777, when our nation’s first flag was adopted.

Many lives have been spent and blood shed in honor of what that flag represents. Only a short year before it was adopted as the flag of our nation, America had declared its independence from a tyrannical government across the sea. It was time for this fledgling country to establish itself as a new nation.



During the War of 1812, Francis Scott Key penned the words of the National Anthem which referred to our flag in stunning words. There are actually four verses to this song. The fourth verse is as follows:

O, thus be it ever when freemen shall stand, Between their lov’d homes and the war’s desolation;
Blest with vict’ry and peace, may the heav’n-rescued land Praise the Pow’r that hath made and preserv’d us a nation!
Then conquer we must, when our cause is just, And this be our motto: “In God is our trust”
And the star-spangled banner in triumph shall wave O’er the land of the free and the home of the brave!

As words of allegiance and patriotism are heard today, let’s not forget that our country was founded on Judaeo/Christian values. In God we trust! He will lead us again if we repent of our sinful ways and put our faith in Him once more

June 2019



	1	8	15	22	29				
		7		21	28				
		6	13	20	27				
		5	12	19	26				
		4	11	18	25				
		3	10	17	24				
9:00 Fellowship 10:00 Worship		10 Fellowship 6:00 Happy	10 Fellowship 6:00 Happy	10 Fellowship 6:00 Happy	10 Fellowship 6:00 Happy Hearts Newsletter				
2	10 Fellowship 6:00 Happy	7:00 Parish Council	1:15 UMW meeting at St.						
9	Janell Shan- non								
16									
23									
30	1:30 St. Andrew’s								